

Living Locally

PLACES YOU GO	Address/Intersection	++++
Where you go to classes, do extracurricular activities		
Where you work or volunteer		
Where you get together with friends		
Where you enjoy art, music, recreation		
Where you get food, things to eat		
Where you buy things		
Where you go to church, worship, do spiritual practices		
Where you get health and mental health care		
Where you meet social workers, CASA, or go to hearings		
Where family, relatives, old friends and neighbors live		
Other places you go, or want to go		

Other places you might consider adding to your list of resources:

Farmer's markets	Family resource centers
Thrift stores	Cultural organizations
Clinics	Art centers
Libraries	Museums and fairs
Community centers	Community gardens
Community colleges	Historical sites
Civic centers	Parks
Banks and credit unions	Playgrounds, skate parks
Public radio, TV	Wildlife centers and zoos
Youth clubs	Lakes, rivers, beaches

Create a Mind Map

Look at your list of places.

- What places are most important to you?
- Where do you feel the best?
- Where do you feel the worst?
- Where do you get the most help?
- Where do you feel you have the most to contribute?

Create a map of all the places that are important to you. Don't worry about scale or what direction it is in. Just create a map that tells a story that is about who you are and what you want in your life. Are the ways you can think of to build stronger connections to the places that are important to you? Consider sharing your map with a trusted adult and working on some strategies to make it happen.